

Tutelary Spirits: Methods of Contact

A course by Rufus Opus (Joshua Gadbois)



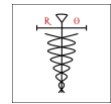
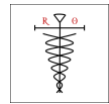


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Review

In the previous class we reviewed the history of the magical assistant, the invisible guide who empowers us, protects us, provides for us, and assists us in our magical pursuits, and the accomplishment of the Great Work. We traced instances of the tutelary guardian spirit as it popped up in Zoroastrianism, in Ancient Greece, and the PGM, in Agrippa and the Abramelin texts, and we talked about Samekh and Crowley a bit. We even touched on how the Holy Spirit of the early Christian church had elements of this entity's abilities, just like its contemporary competition.

What is the Spirit

This entity has a few different traits that assist us as magicians. It provides guidance, aids us directly as a spirit familiar, and is a messenger and priest to other spirits, granting authority over some spirits, or the proper offerings to others.

Some traditions teach that it is assigned at birth. Others teach that we get it from doing a ritual. Generally, it seems like it is with us all the time.

What role does it play in our lives as magicians

It empowers us in everything we do. It is our first responder, always watching. Its first role is to protect, and it does it all the time. The more we interact with it, the more it can help us and teach us, because we can listen. The less it has to protect us from, the more it can help empower, and teach.

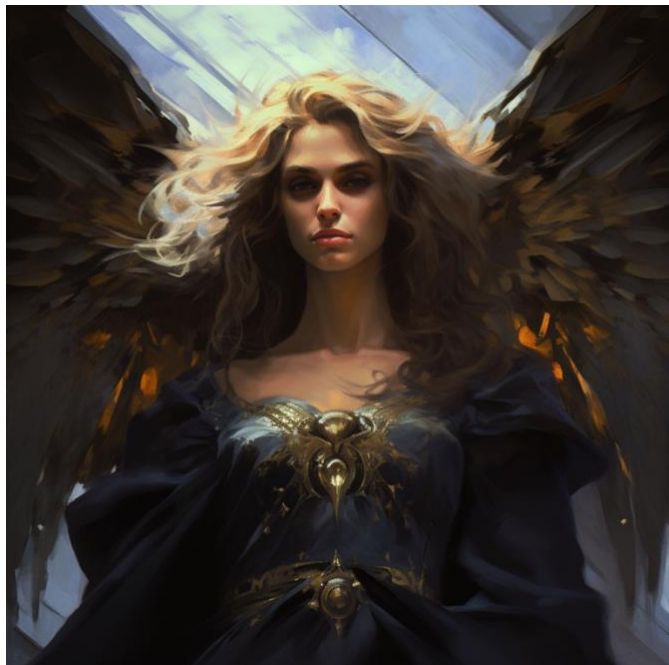
Note on teaching and guiding: this spirit has no ethics or morals that you do not also have. It will help you do whatever you ask.

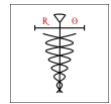
It rarely tells you what to do. If you are getting a whole bunch of instruction on weird things, it's likely coming from yourself, or some other source. These are ASSISTANTS. They are not the Boss.

You are in charge of your life, your magic, and your choices. It will save you when it can, but it has limited abilities, especially if you've neglected your relationship with it.

Most of our interactions with this spirit are projections, just like our projections onto our dogs. It has a personality and loves us very much, it is everything we need it to be, but at its core, it is a spiritual powerhouse that will supercharge whatever you turn your attention to and ask for help with.

The more you work with it, the stronger it gets.





Overview: Methods of Contact

Today we are going to go over a bunch of ways to talk to the spirits. Due to time constraints, the lecture will contain most of the information. Take notes, there's a lot to go over.

PGM I. 42-195 Spell of Pnouthis

This spell is great. It's done in a single evening, and is fairly straightforward. I've done it, and had great success, but I'd also already received my HGA's name.

You go somewhere you can feel the wind, you say a prayer to the sun at sunset, you stand vigil overnight with a falcon's head, and then in the morning you say a prayer to Helios seven times, you have a vision and receive a special stone that you make into a pendant.

Then that night, you say a prayer to the Moon, and you have another vision, and from then on you have a Supernatural Assistant, easy peasy.

The spell of Pnouthis, the sacred scribe, for acquiring an assistant

Preparation for this rite is fairly simple.

Abstain from animal flesh for three days, put on clean clothes, get an Isis cloth and some incense. You'll need an "Isis cloth." An Isis cloth is a black cloth that you tie to a statue of Isis when you're parading her around. If you don't have a statue of Isis to tie it to and parade around, you should get one. You can work with Aphrodite as well, or Innana, it's representative of her mysteries.

You'll also need a falcon's head. This can be substituted with Artemisia, it's a vegetable substitute according to some old sources on Adam McLean's web site.

The Solar Rite

Go to the high space with a First spell of encounter as sun is disappearing

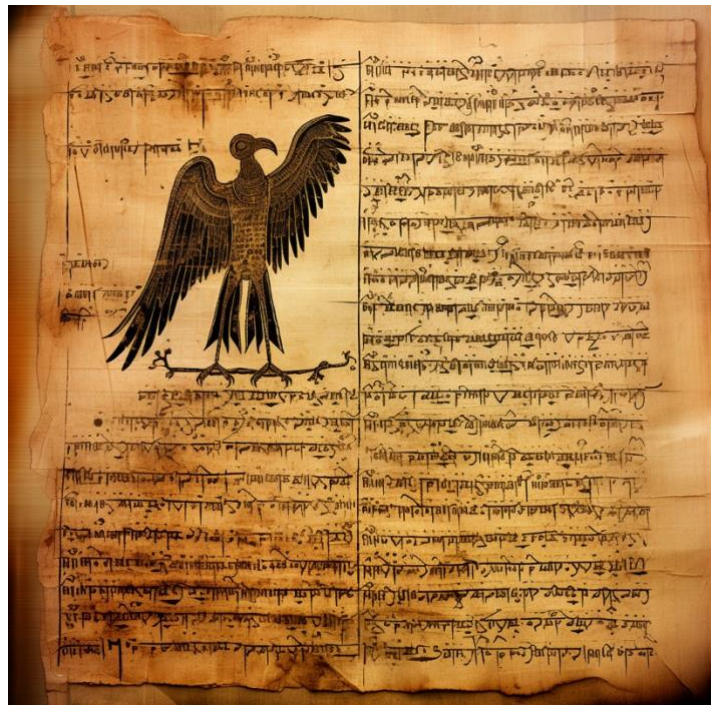
The address to the sun requires nothing except the formula "IAE~BAPHRENE- MOUN" and the formula "IAKBATHA."

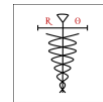
Say that to the Sun as it is setting.

Tie the Black isis band on your eyes, and hold the Falcon head in your right hand.

The next instruction is at the morning, so you've stood vigil on the roof all night with your eyes closed and holding this head of a hawk.

As sun is rising, hail it as you shake the head, and seven times say:





Tutelary Spirits Class 2: Methods of Contact
A class by Rufus Opus (Joshua Gadbois)

O RI PI . . . AMOUNTE~A~I NTHYPH PI
CHAR OUR^' RAIAL KAPHIOUTH
YMOU ROTHIRBAN OCHANAU
MOUNAICHANAPTA/ZO ZON TAZOTAZO
PTAZO MAWIAS
SOUORI SOUO OOUS SARAPTOUMI
SARACHTHI A. . . RICHAMCHO BIRATHAU
OPHAU PHAUO DAUA AUANTO ZOUZO
ARROUZO ZOTOUAR THOMNAORI AYOI
PTAUCHAREBI AOUOSOBIAU PTABAIN
AAAAAAA AEEIOYOYOOIEEA CHACHACH
CHACHACH CHARCHARACHACH AMOUN
O e~l



IAE~BAPHRGNEMOUNOTHILARIKRIPHIAEYEAIPHIRKIRALITHON
OMENERPHABOEAI CHATHACH PHNESCHER
PHICHRO PHNYRO PHOCHOCHOCH L4RBATHA GRAMME PHIBAOCHNEMEO."

This is the spell spoken seven times seven to Helios.

Then you Burn frankincense, Pour rose oil, and burn Heliotrope

The Vision

You will see a falcon before you drop a stone. Pick up the stone, engrave it later with a lion-headed serpent, a chnoubis. Wear it around your neck.

The Lunar Rite

In the evening, face the moon and say the lunar prayer wearing the stone:

"AA NHARICH CHARWTOUMI ANOCHA

ABrrHROU / ACHARABAUBAU BARATHIAN ATEB DOUANANOU APTYR PANOR
PAURACH

SOUMI PHORBA PHOKIPHORBARABAU BoETH AZA PIOR RIM MIRPHAR

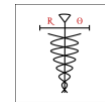
ZAURA PTAUZOU CHOTHAKI'ARACHTHIZOU ZAITH ATIAU WAU XANTANTOUMI

BATHARA CHTHIBI ANOCH."

Make an offering of Myrrh, and holding a myrtle branch (wand), shake it, salute the goddess.

The Vision

At once there will be a sign for you like this: [A blazing star] will descend and com to a stop in the middle of the housetop, and when the star [has dissolved] before your eyes, you will behold the angel whom you have summoned and who has been sent [to you], and you will quickly" learn the decisions of the gods.



Tutelary Spirits Class 2: Methods of Contact

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But do not be afraid: [approach] the god and, taking his right hand, kiss him and say these words to the angel, for he will quickly respond to you about whatever you want. But you I adjure him



with this [oath] that he meet you and remain inseparable and that he not [keep silent or] disobey in any way. But when he has with certainty accepted this oath of yours, take the god by the hand and leap down, [and] after bringing him [into] the narrow room where you reside, [sit him] down. After first the house in a fitting manner and providing all types of foods and Mendesian wine, Place these before the god, with an uncorrupted boy serving and maintaining silence until the [angel] departs. And you address preliminary words" to the god: "I shall have you as a friendly assistant, a beneficent god who serves me whenever I say, 'Quickly, by your power now appear on earth to me, yea verily, god!'"

And while reclining, you yourself quickly speak about what you propose." Test this oath of the god on [what] you wish. But when 3 hours have passed, the god will immediately leap up. Order the boy to run [to] the door. And say, "Go, lord, blessed god, where you live eternally, as you will," and the god vanishes.

This is the sacred rite for acquiring an assistant.

Know therefore that this god, whom you have seen, is an aerial spirit.

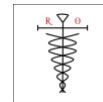
What it does

If you command, he will perform the task at once.

He sends dreams, brings women or men... kills, overthrows, raises up winds from the earth, brings gold, silver, copper, and gives it to you whenever you need; he frees from bonds . . . opens doors, makes invisible... brings fire, water, wine, bread and whatever foodstuffs you want... he stops ships [in mid voyage] and again releases them, stops many evil demons, calms wild beasts and immediately breaks the teeth of savage serpents; he puts dogs to sleep or makes them stand voiceless; he transforms [you] into whatever form you wish;... he will carry you into the air;... he will solidify rivers and the sea promptly and so that you can run on them standing up;... he will indeed restrain the foam of the sea if you wish, and when you wish [he is able] to bring down stars and... to make hot things cold and cold hot; he will light lamps and quench them again; he shakes walls and sets them ablaze.

You will have in him a slave sufficient for whatever [tasks] you may conceive, O blessed initiate of holy magic, and this most powerful assistant, who alone is Lord of the Air, will accomplish [them] for you, and all the [other] gods will agree, for without this god nothing is [done].

Share this great mystery with no one [else], but conceal it, by Helios, since you have been deemed worthy by the lord [god].



Tutulary Spirits Class 2: Methods of Contact

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PGM V. 96-172 Stele of Jeu the Hieroglyphist (Note: Jeu does not appear on the papyrus, unknown to Josh source)

First of all, this is not a tutelary spirit. It's an exorcism designed to drive out spirits. You are invoking the Headless One, having sight in the feet. It's an analog of the Phallic Egg of Eros/Phanes or Ouranos' Phallus. It's a metaphor for Zeus the Head, that which has no other source. It is the god of all gods that permeates you, and you are identifying with it during this rite.

There is no third party spirit, it is included because of Crowley.

Overview

This spell grants you authority over every spell and scourge of god that afflicts humankind, including spirits, which is why it works as an exorcism.



Analyzing the structure at a high level:

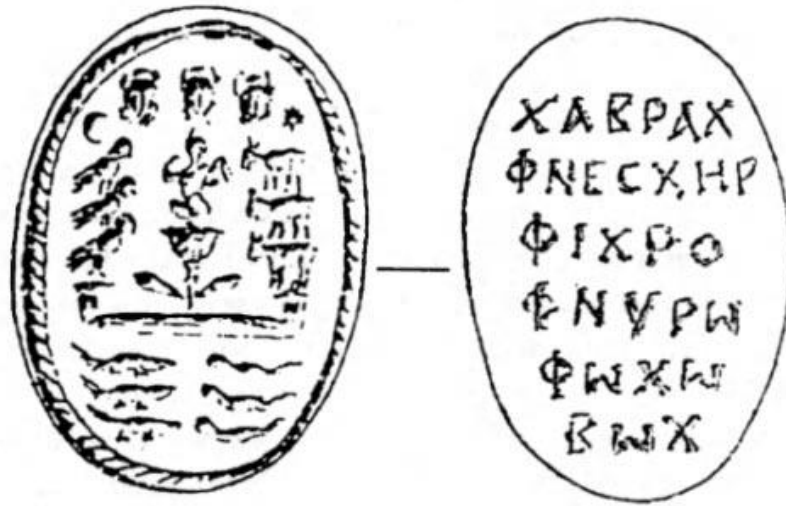
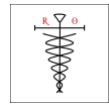
- I summon you – Description of the Headless and what they did and who it is
- I am – Moses the prophet of IHVH, Messenger of Pharaoh Osoronnophris, source of authority
- I call upon you, in the secret words, to do the exorcism.
- He is ... Narrator shift to second person, audience shift as well
- Direct appeal to the god, impassioned request, inflamed prayer results in transformation
- I am the headless ... self deification is achieved.
- All spells and scourges of god are put in their places.

About the Six Names

For years I had it wrong, it's detailed here:

- [The Six Names \(sublunar.space\)](#)

The following instructions follow what it explains.



Instructions:

Preparation for the foregoing ritual: Write the formula" on a new sheet of papyrus, and after extending it from one / of your temples to the other, read the 6 names,

- CHABRACH PHLIESKÊR PHIKRO PHINYRÔ PHÔCHÔBÔCH
- χαβραχ φνεςχηρ φιχρο φνυρω φωχω βωχ
- havrah fneshir fihro fnyro focho voch

while you face north saying,

- "Subject to me all daimons, I so that every daimon, whether heavenly or aerial or earthly or subterranean or terrestrial or aquatic, might be obedient to me and every enchantment and scourge which is from God." I And all daimons will be obedient to you.
- The beneficial sign is: a : inside a > sign; :>

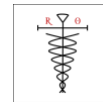
I summon you, Headless One, who created the Earth and the Heavens, who created night and day, you who created light and darkness. You are Osoronnohphris whom none has ever seen. You are Iabas, you are Iapos; you have distinguished the just and the unjust; you have made female and male; you have revealed seed and fruits; you have made men to love each other and to hate each other.

I am Moses your prophet unto whom you have revealed your mysteries. I have stood in your presence and my face has shown with your Glory. You have revealed the moist and the dry and all nourishment upon the earth. Hear me, for I am the messenger of Pharaoh Osoronnohphris.

I call upon you, Agathadaimon, in your true name revealed to the prophets of Israel: Hear me, ARBATHIAO REIBET ATHELEBERSETH ARA BLATHU ALBEU EBENPHCHI CHITASGOE IBAOTH IAO!

Listen to me and turn away this daimon!

I call upon you, awesome and invisible god with an empty spirit, AROGOGOROBRAO SOCHOU MODORIO PHALACHAO OOO. Holy Headless One, deliver him, NN, from the daimon which restrains him, ROUBRIAIO MARI ODAM BAABNABAOOTH ASS ADONAI APHNIAO ITHOLETH ABRASAX AEIOY; Mighty Headless One, deliver him, NN, from the daimon which restrains him. MABARRAIO IOEL KOTHA ATHOREBALO ABRAOTH, Deliver Him,, AOTH ABRAOTH BASYM ISAK SABAOTH IAO.



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He is the Lord of the Gods; he is the Lord of the inhabited world; he is the one whom the winds fear; he is the one who made all things by the command of his voice.

*Lord, King, Master, Helper, save the soul,
IEOU PYR IOU PYR IAOT IAEO IOOU
ABRASAX SABRIAM OO YY EY OO YY
ADONAIE, immediately, immediately, Good
Messenger of God, ANLALA LAI GAIA APA
DIACHANA CHORYN.*

I am the headless daimon with sight in my feet.

I am the mighty one who possesses the immortal fire.

I am the truth who hates the fact that unjust deeds are done in the world.

I am the one who makes the lightning flash and the thunder roll.

I am the one whose sweat falls upon the earth as rain so that it can inseminate it.

I am the one whose mouth burns completely.

I am the one who begets and destroys.

I am the Favored Child of the Aeon.

My name is a heart encircled by a serpent.

Come forth and follow me.



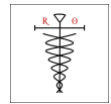
The Genius: Agrippa's Threefold Keeper of a Man

■ Resources

- Heinrich Cornelius Agrippa: Occult Philosophy, Book III (part 1) (esotericarchives.com)
- Book 3:21 – We should all seek the nature of our genius and listen to its invisible voice
- Book 3:22 – threefold keeper of a man, the Genius pops up again
- Book 3:26 – there's a method of obtaining contact

■ Method

- Aleph-Beit in the Zodiac wheel, one letter in each degree
- Find the Hylegs – Sun, Moon, Asc, PoF, Prenatal Syzygy
- Write out the letters
- Add IAH/IEL, and you have an angel
- Trithemian Conjunction for that spirit



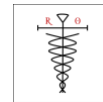
Abramelin

This section is going to be the most detailed, and will take the longest for sure. I'm only including the outline in the workbook to save time, analyzing the Abramelin is beyond the scope of this class. This is a review of what it is, what you're doing, and how it relates to Tutelary spirits.

- Resources:

- Book of the Sacred Magic of Abramelin the Mage, translated by S.L. Mathers (esotericarchives.com)
- The Book Of Abramelin (Dehn-Guth Version) : Free Download, Borrow, and Streaming : Internet Archive
 - Dehn is 18 months, start Passover
- 1st 2 moons: Open the window, pray, close the window
 - Bathe and wear clean clothes
 - Face the window
 - Devoutly with boldness Thank god for gifts
 - Confess sins
 - Ask for angel so you don't sin
 - Close the window
 - (Dehn: First half of a year)
- 2nd 2 months
 - Add washing your face and hands
 - Add evening prayers
 - Pray as long as you can
 - Close the window
 - (Dehn: Second half of a year)
- 3rd 2 months
 - Add noon prayers, wash before them
 - Everything else is the same





Tutinary Spirits Class 2: Methods of Contact

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- Close the window
- (Dehn: Lasts from Passover to Sukkhot, six months)
- Final Phase
 - Day 1

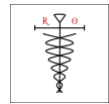
- Do everything as usual up to going in
- Take off your shoes
- Put on the fancy outfit
- Special orison
- Anoint the altar with “In whatever place it may be wherein

commemoration of my name shall be made, I will come unto you and I will bless you.” On all four sides



- Put everything back.
- Regular prayers
- Close the window
- Angel Day 1
- Do not wash
- Wear robe of mourning, ashes from previous incense on your head
- Bare feet

- Have a child seer
- Pray fervently
- Vision of the angel
- Get the name
- Leave
- Leave the window open
- Angel Day 2
 - Robe of mourning
 - Bare feet
 - Pray a couple hours and leave
 - Go back at noon and evening
 - Glory and splendor remain
- Angel Day 3



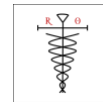
- Clean up
- Bare feet
- Sit and talk with the Angel
- Take a break
- Learn all the magic
- Leave the windows open when you go
- First Demon Day day
 - Enter oratory
 - Place the lit incense charcoal
 - Light the lamp
 - Robes, girdle, crown, rod on the altar
 - Speak from the heart, fervently, as impressed by your angel the day before
 - Mother tongue
 - Speak the cosmology you believe heartfelt in your own words, telling them why they have to obey you

- If they resist, don't get angry or scared, be assured in your faith, and show them you have given it all up and are stubbornly trusting them to yield. Surrender completely to the greater good

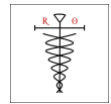
- You should perform the conjuration in your mother

tongue, or in a language that you well understand, and conjure the spirits by the authority of and their obedience to the holy patriarchs, rehearsing unto them examples of their ruin and fall, of the sentence which God hath pronounced against them, and of their obligation unto servitude; and how on one side and on another they have been vanquished by the good angels and by wise men; all which points you will have had plenty of opportunity to study in the sacred writings during the six Moons (of preparation).





- Also you shall menace them, in case they are unwilling to obey, with calling unto your aid the power of the holy angels over them. Your guardian angel will also have instructed you to perform this convocation with modesty, and in no wise to be timid, but courageous, yet in moderation, however, without too overbearing hardness and bravery. And in case of their being inclined to resist, and unwilling to obey you, you must not on that account give way to anger, because thus you will only do injury to yourself; and they will ask nothing better, it being exactly what they would be endeavouring to do; but (on the contrary) with an intrepid heart, and putting your whole trust in God, with a tranquil heart you shall exhort them to yield, letting them see that you have put all your confidence in the living and only God, reminding them how powerful and potent he is; thus, therefore, govern yourself, using prudence towards them.
 - Four superiors
 - Demand:
 - First remind them god brought them, [know their place in relation to you]
 - Secondly: That your object is not at all a malign curiosity, but (one tending) unto the honour and glory of God, and to your own good and that of all the human race. That further, every time that you shall summon them, by whatever sign or word, and in whatever time and place, and for whatever occasion and service, they shall have to appear immediately without any delay, and obey your commands. And that in case they shall have some legitimate hindrance hereto, they are to send unto you some other spirits assigning then and there such as shall be capable and potent to accomplish and obey your will and your demand in their place. And that they shall promise and swear to observe this by the most rigorous judgment of God, and by the most severe punishment and chastisement of the holy angels, inflicted upon them. And that they will consent to obey, and that the four sovereign princes will name unto you the eight sub-princes, whom they will send in their place to take the oath as I have already said, to appear at once on the following morning when commanded by you; and that they will duly send the eight sub-princes.
 - For greater certainty, quit the altar now, and go towards the door which openeth onto the terrace, advancing your right hand beyond.³ Make each one of them touch the wand, and take the oath upon that wand.
-



- Second Demon Day
 - 4 superiors, and 8 sub-princes
 - Tell them how to appear
 - Demand:
 - Orions, Paimon, Ariton, Amaimon give you familiars
 - They guard you in six hour shifts
 - Laundry list of all the spirits you could want
 - Tell them to bring them the third day
 - Tell them how to appear
- Third Demon Day
 - 4 Princes, 8 sub-princes, all their host
 - Make them swear to obey what's written on the symbols if you so much as move them
 - Release them, they'll run

Samekh

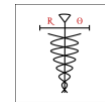
Resources:

- [Liber Samekh Theurgia Goetia Summa \(Congressus Cum Daemone\) sub figurâ DCCC - Technical Libers of Thelema - The Libri of Aleister Crowley - Hermetic Library](#)



Key things to remember about Samekh:

- Performed in the Body of Light, to the best of the aspirant's ability
- From memory
- Recommended Duration: 11 months, or as long as it takes
- Historic Perspective:
 - Published in 1904, Based on Stele of Jeu
 - Crowley was familiar with Abramelin, had started it at Boleskine before he got into a fight with Yeats
 - Knew it was supposed to result in a transformation that gave you calm authority over every demon through



- Just like every “spell and scourge of God”
 - Rewrote it, included it as the preliminary ritual to Goetia.
 - United the ideas of the thwarting angel, the tech of the HGA quoted above, and the alchemical transformation of the soul by ritually attaining godhood.
 - Includes the elements to give you power over the terrestrial realm
 - Half slit eye technique

An Approach

This was from the Red Work series of classes. It came after you did a lot of introspection, and had performed a general solar initiation with Michael and the orphic hymn to helios, and then also conjured the Genius of your natal chart using the Trithemian approach.

Capturing the Sun in the Moon

The theory is that you are conjuring a spirit of the Sun from within the sphere of the Moon. This captures imagery from the Emerald Tablet of Hermes, the Strength and Art cards of the Thoth deck in the Tarot, and the Alchemical Great Work.

Open Gate of the Moon

Conjure Gabriel, and recite the Orphic hymn to the Moon

Perform a Modified Headless

The ritual:

I summon you, Headless One, who created the Earth and the Heavens, who created night and day, you who created light and darkness. You are Osoronnohphris whom none has ever seen.

You are Iabas, you are Iapos; you have distinguished the just and the unjust; you have made female and male; you have revealed seed and fruits; you have made men to love each other and to hate each other.

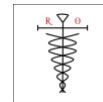
I am Moses your prophet unto whom you have revealed your mysteries. I have stood in your presence and my face has shown with your Glory. You have revealed the moist and the dry and all nourishment upon the earth. Hear me, for I am the messenger of Pharaoh Osoronnohphris.

I call upon you, Agathadaimon, in your true name revealed to the prophets of Israel: Hear me, ARBATHIAO REIBET ATHELEBERSETH ARA BLATHU ALBEU EBENPHCHI CHITASGOE IBAOTH IAO!

Hear me, and send to me now thy Supernatural Assistant!

I call upon you, Agathosdaimon, AROGOGOROBRAO SOCHOU MODORIO PHALACHAO OOO. Holy Headless One, deliver unto me my Holy Guardian Angel. ROUBRIAO MARI ODAM BAABNABAOTH ASS ADONAI APHNIAO ITHOLETH ABRASAX AEIOOY; Mighty Headless One, deliver unto me the angel appointed to me to be my companion, guide, and assistant in accomplishing the Great Work. MABARRAIO IOEL KOTHA ATHOREBALO ABRAOTH, send him now unto me, [if you have a name of your SA from the Genius, say “send (Name) to me”], AOTH ABRAOTH BASYM ISAK SABAOTH IAO.





Tutulary Spirits Class 2: Methods of Contact

A class by Rufus Opus (Joshua Gadbois)

He is the Lord of the Gods; he is the Lord of the inhabited world; he is the one whom the winds fear; he is the one who made all things by the command of his voice. Speak, and my Assistant shall appear.

Lord, King, Master, Helper, send now my Spirit, IEOU PYR IOU PYR IAOT IAEO IOOU ABRASAX SABRIAM OO YY EY OO YY ADONAIE, immediately, immediately, AGATHOSDAIMON, ANLALA LAI GAIA APA DIACHANA CHORYN.

I am the headless daimon with sight in my feet.

I am the mighty one who possesses the immortal fire.

I am the truth who hates the fact that unjust deeds are done in the world.

I am the one who makes the lightning flash and the thunder roll.

I am the one whose sweat falls upon the earth as rain so that it can inseminate it.

I am the one whose mouth burns completely.

I am the one who begets and destroys.

I am the Favored Child of the Aeon.

My name is a heart encircled by a serpent.

Come forth and follow, thou Spirit of the Sun. Reveal thyself to me. Come thou forth, and follow me: and make all Spirits subject unto Me so that every Spirit of the Firmament, and of the Ether, upon the Earth and under the Earth: on dry Land, or in the Water: of Whirling Air or of rushing Fire, and every Spell and scourge of God, may be obedient unto me!

IAO:SABAOT

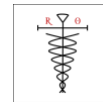


What does it all Mean?

You go to a holy space or create one

In all of the rites, you are trying to create a holy space, or find one. The key point of the year and a half of worshipping in one place in the Abramelin is revealed when you write the words on the four sides of the altar, you have venerated the god for a long time, day and night by then, and everyone knows it. Then you put the promise of the god on it, and it has to show up.

In a similar way, you have to create a holy space in your life for this spirit to manifest. You have to understand your place with god and everything else. You have to create a room for this experience, and allow it to transform you enough to sense this entity. This is internal and external.



Ecstatic Experience

In each rite, you have an ecstatic experience, creating a space in your life for this assistant, except perhaps Agrippa. He has some bloodless descriptions of ecstasy. Today we have other ways of inducing these experiences.

The key point is it softens your brain neurons in a way that makes you open to learn new things. It's a physiological transformation, often assisted by drugs.

What You Get

You end up with this intelligent influx of authority and wisdom that manages your magical affairs for you and supports you mightily, a badass intern. You get a name to talk about what you need, and the authority and experience to expect it to respond.