

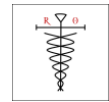
Living with the Full Advantages of a Supernatural Assistant

A class by Rufus Opus (Joshua Gadbois)



Table of Contents

<i>The Problem with the HGA.....</i>	<i>1</i>
The Posturing of the Ignoranti	2
Solve et Coagula.....	3
<i>The Role of the Daimon.....</i>	<i>6</i>
What it is.....	6
What it's like	6
What it Does	7
Specifically, it does the following:	7
Abramelin note	8
From the PGM	8
Another way to look at it, it helps you understand:	11
Another way to look at it	11
Reminder: It doesn't tell you shit.....	11
<i>Notable Notes from PGM:.....</i>	<i>12</i>
<i>Communicating with the spirit</i>	<i>13</i>
How do you know you have it?.....	13
How it communicates.....	13
Honing communication	14
Develop more levels of intimacy around this entity.....	14
Getting Clear Communications.....	15
Persinger	15
<i>Get to Work.....</i>	<i>15</i>
Testing the spirit: Pantokrator	15
How it manifests things.....	16
<i>Final Thoughts</i>	<i>16</i>
Advice from Abramelin	16
Have you got a plan? Do you have a Great Work Strategy? Do you even know what you're doing here?	17
The best way to live with it on an ongoing basis, imo	17
Cosmic Godness.....	17
Connect with the other Invisibles.....	17
Hands on for the Important Things	17
What it does for you?	17
Morality and ethics	18
Control vs. Influence: Sometimes it works.....	18
Continuous Improvement.....	18



The Problem with the HGA



The problem with the HGA is that it's been misrepresented as Enlightenment of the West ever since Aleister Crowley wrote about it. The narrative I picked up was that KACHGA was how Magicians pursue a mystical transformation that results in what amounts to becoming the next Jesus Buddha Krishna Christ, with godlike supernatural powers, peace and wisdom that others naturally embrace, and the ability to live like a wealthy hot sexy guru god upon the Earth for the rest of your life, bringing everyone and everything into harmony for all time.

We among the Americans, at least, have a lot of ideas about what Enlightenment is supposed to look like, and how someone who is enlightened is supposed to be. We have all these negative rules, like, we can't say what an enlightened person is, necessarily, but we sure know what they aren't.

An enlightened person will never say they are Enlightened, for example, because they have learned that they know nothing, or that there is so much more to learn. They speak in wise cliches that somehow sound new and inspiring because they really mean it this time.

They do not defraud, and they do not lie. They don't participate in embarrassing sexual activities, and they live completely transparent, authentic, non-hypocritical lives. They never yell at people, and somehow when they correct others, it's not offensive.

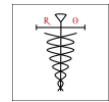
Do you see how most of what comes to my mind about being Enlightened has to do with the person not being bad anymore? That's basically it, they do no wrong, harm none, and everything they do succeeds. They are charismatic, and because what they are doing in the world is pure, true, and spiritually authentic, their movement will grow, spreading healing and peace to build a unique Utopia, the best of all possible worlds, and there's no more suffering.

And that's what it's all about, really, the end to suffering. The goal of "enlightenment" is that things don't hurt anymore, and you're not a jackass ever, ever again after you "get it." You become perfect, once and for all.

That's a nice story and all, but I think that if it were attainable, we'd see a lot more of it around. Who wouldn't sit in a cave for 3 years if you came out able to levitate? We'd all be flying, talking about our time in the caves as a shared cultural experience.

So if perfection isn't possible, and no one's producing any gurus that saved the world by now, why do we still do magic?

Because something sure works. We call the spirit by name and seal and say what we want, and damned if it doesn't come true, mostly, most of the time, or at least the events that manifest are so close to what we described as to be identical. We know that magic does something.



And it helps improve our lives. People can use talismans for money, favor, reputation, fame, and adoration. It can influence moods local, and global.

And we know it makes us more efficient, and more empowered. All of us who have worked progressively through the Seven spheres can say that we are different now, even if we can't quite put our fingers on what's changed. (Your lens is cleaner, so more light comes through, metaphorically, and the light makes the shapes we see and interact with.)

We have experiences in magic that are just amazing, moments where we are superheroes, where the universe is dancing to our tune, and the things we speak are popping into being faster than we can get them out.

But there's no magic that fixes us and makes us super heroes once and for all. After a great few months, you have some average weeks, and then some downright bad days.

Beneath the sphere of the Moon, all things are waxing into being, reaching fullness, and waning away. We are in a transient world of liminal experiences, fleeting moments that leave only memories of feelings, echoes of joys, and sorrows, and expectations we project forward.

It is to assist you in these circumstance that this entity exists. It is made for this kind of fluctuating environment. Reality is the result of a lot of processes, people, and ideas all working together to weave existence into being. Moira and Metis, Fate and Intelligence are the warp and woof of the loom of reality, upon which the fates spin.

This entity helps. It assists. It runs interference, knocking attacks against you out of the air, spinning up winds to blow in your favor and confound your foes, bringing you coffee, reminding you of appointments, and making sure the important investors coming to hear your pitch have all their favorite lattes hot and waiting for them.

It helps you do well in the real world, by getting you ahead.

The idea that HGA makes you enlightened, i.e. the idea that after K&CHGA you will not suffer, but will become like a messiah, a god on the earth, a prophet, a spiritual leader who brings peace on Earth, and makes people expect things to go well is false.

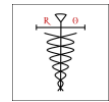
Some people have told me that what I am describing doesn't even describe enlightenment in Buddhism, or Nirvana, or the Liberation of Tantra. My idea of enlightenment being equal to becoming christ is something I picked up on my own.

But it's still fairly common among my fellow occultists who have read some Crowley, some Gardner, and a lot of stuff on the internet.

So if that's what you were thinking, it's not that.

[The Posturing of the Ignoranti](#)

Further confounding the situation are the Ignorant Brethren. In the New Testament, Paul writes to the Corinthians that he would not have them be "ignorant brethren." There were a bunch of people in the 1st Century Christian church saying Jesus was a lot of things that all happened to make them the boss who got the best food and cutest lovers.



Correcting false teaching kept the doctrines sound, the alleged spiritual results happening, and kept predators from corrupting the gospel.

Today in the modern occulture, we have our own versions of the ignorant brethren, the “armchair” magicians who have read every book about the Holy Guardian Angel, and while they have not experienced it, they will gladly tell you why you haven’t either, demanding obscure proofs that meet their criteria. People who have not performed the rituals will question you, demand proof, and dismiss your experiences.

Bear in mind, it’s not about them. It’s your assistant, and you will know what you’re doing better than anyone else. Ignore the Ignoranti.

Likewise, the people who have limited themselves by their need for specialization and their need to be special. A prominent “Solomonic” magician has carved out a niche as an expert on the Abramelin ritual, but my understanding is that he sincerely believes his interpretations and experiences are the only right ones, even though he admittedly worked from incomplete translations of the source materials.

The problem with these people is not that their beliefs are wrong, or that they are narcissistic egoists worshipping themselves to make up for genetic shortcomings. The problem I have with these people is that they tell us what we can and cannot experience, and tell us we’re wrong because we didn’t do it the way they say it should be done. They insist that not only is there only one right interpretation of holy scripture, but also that they happen to be the ones who figured it out, copyrighted it, and are now selling it to you in this handy package.

[Solve et Coagula](#)

I am telling you this isn’t true.

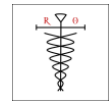
The reason I showed you that this entity is part of our tradition is to break you free from these kinds of traps that try to tell you what you can or cannot experience. It’s been my goal to expose you to the multiple similar myths and techniques that provide you with a magical assistant to help you out. I want to dissolve those old beliefs, and coagulate them again, to reframe your experience of this entity so that we can start to enjoy a less-aggrandized, but more realistic relationship with this entity.

I teach the history of our relationship with this entity as magicians because we are part of a real life living tradition that has gone back to the beginning of human consciousness. We are One tribe. One people. One continuous bolt of life energy pumping through everything all the time.

One life, one light in extension.

We have always had myths and legends of our personal invisible powerful magical friend, guard, and guide as a species. Every magical path does not include the





assistant, but every magical path I've seen has something similar as an option that is considered normal by some branches of the belief.

We traced it all the way back to the Fravashi of Zoroastrianism. We found a similar entity in Socrates' Daimon, the Genius of Plotinus, and multiple references and rites in the Greek Magical Papyri that have been used to attain the services of this spirit.

We found the Genius or Three-fold keeper in Agrippa, and the most famous "Holy Guardian Angel" of Abramelin in the 16th centuries. And we saw how Mathers, and Crowley brought the concept into our modern occult realm, where it joins the new age spirit guides who have stepped in to fill that role for the folks who never studied grimoires in their lives.

In addition to noting that throughout the spiritual experience of humanity, this entity, or an entity with similar features has played a prominent role in the lives of some mystics, magicians, and philosophers.

This entity has many myths and legends in many cultures. It manifests in ways that reflect the local beliefs and customs about tutelary spirits, but it has the same features, and helps with the same things.

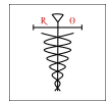
I want you to take a moment and consider each of these approaches to contacting a tutelary spirit, hovering like golden lights along the timeline of history. Think about what the spirit did that was similar as guard and guide and personal revealer of the messages of God.

Imagine that all these different approaches, and experiences are myths. Imagine that they are simply stories that people tell about the relationship between a person who likes to create their lives like the gods do (a "magician" in my lexicon), and the most useful assistant they can have to make that possible.

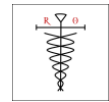
Consider that they are stories told in the symbols and languages of their times to express aspects of that entity that it wants us to know about it. Consider it's a set of clues about the spirit itself that it wants you to have, so that you can call out to it.

The strict structures and formulas from each region and time are like the different responses you get from an AI generator that creates visuals. You can enter one prompt, and you get four different pictures back that reflect the essence of the words, as that program has been taught to understand them.

For example, I enter the prompt "figuring out how things work," and the AI art program Midjourney creates the following four images for me to pick from:



Describing the specifics of each would result in very different formulas, but you can see the similarities as well. This is how I see the different stories of the Tutelary Spirits across time, as interpretations of the same idea in different forms, different expressions of the same essence.



The Role of the Daimon

The magician's invisible spiritual assistant is the emissary, the daimon, the messenger, the angelos between you and the forces that manifest nature. It was the go-between.

It had many of the powers of familiar spirits, bringing you wealth and hidden information, fame and beguilement in your favor. In addition it fetches other spirits attuned to your needs.

And across the belief systems we discussed, we find that these spirits have a consistent set of skills and traits, things they have in common about how they provide for you, protect you, and guide you towards your Source.



The different methods are stories people have made up about the spirit and the magician to prove specific points about their experiences. They've projected layers of imagination and wishful thinking onto the spirit, exaggerated its potentials for romantic, poetic effects that are great for feeding ecstatic frenzy, but not realistic for daily work.

I try to separate the fact from fiction in my practice. Don't get me wrong, I'm not being a curmudgeon here. I love the fantastical stories of supernatural effects, and I love it when I have those experiences. Fabulous. Amazing. Unbelievable and awesome.

But they are rare. I don't want to waste my time, or see other people wasting theirs, waiting for magical moments where the angels descend, the bowels of hell open up, and Hekate brings you a black dog to serve as a familiar spirit in the astral so real you can smell it.

In real life, things happen according to the rules, and your spirit will always be able to manifest you want more quickly by following the rules really well. It will make things happen for you in your daily life in really simple and direct ways. But it's subtle and it's hard to see in the moment, because the way it manifests things is so normal that it just blends in.

What it is

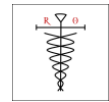
In all the systems, the entity is invisible, and has supernatural abilities to know things you cannot know.

It knows how to build things, or the spirits that know how to build things it cannot build itself. It knows how to get them to work for you, and how to keep them happy. It is your facilitator.

It also provides protection from harm, dispelling attacks, and revealing plots against you.

What it's like

In a lot of ways, this entity is similar to an AI, or a very eager and intelligent, and supernaturally gifted intern who always tries to do what their told. I have rarely been told by my assistant any form of "no."



If they can't they can't, they don't tell you no. Nothing will happen when you want it to, and you'll ask how to fix it, and it will help then. But if you just ask it to do something for you, and it can't it just doesn't do it. It won't tell you unless you ask it to.

They also do not moralize, or try to influence you to do good things instead of evil. They are as happy to help put evil people in touch with malefic entities to harm enemies on purpose as they are to cure incurable diseases in children's hospitals. The idea that they are Holy and Good and Pure is not wrong, but they are not beholden to the morals or ideas of right and wrong that are held by any entity in the flesh.

In this way, do not trust the spirit to make you do the right thing, or to keep you from making mistakes. It will help you fuck up your life, and if I don't remember to ask it if I'm fucking things up, it things I know what I'm doing, and that I'll ask for help when I need it.

It respects my sovereignty.

What it Does

I have gone through the stories to learn the symbols that represent the actions and experiences I want to create in my life.

I have sought out what the spirit can do so that I can do those things with the spirit. I have tested all the things, to figure out what this thing is, and what we can accomplish when it's a part of our lives.

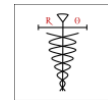
The things the Supernatural Assistant accomplishes in the lives of the magicians they serve can be placed in the following three categories:

- Spiritual Attainment – It is agreed, these spirits can assist you in general instruction about magical things, and your place in the universe at large; how to ascend well after death
- Magical Assistance – The spirit is your Angelos, your Daimon, the messenger between you and the gods who can get you in the presence of the almighty, and its many faces. It's like an AI that way, can go through all the existing and local gods and return the entities that closely resemble your desired outcome and produce the desired results.
- Rudiments of daily life – money, food, shelter.



Specifically, it does the following:

To get the full benefit of our relationship with this spirit, we need to understand what all it can do.



Tutulary Spirit Class 3: Living with the Full Advantages of a Supernatural Assistant Rufus Opus (Joshua Gadbois)

The best list of skills I know of for these spirits comes from the Greek Magical Papyri. I think it's pretty comprehensive, and the spirit I am in communion with as my HGA after performing Samekh has assured me that all these skills are things all the tutelary spirits can do.

Abramelin note

Before going into that though, I spent a lot of time going over the Abramelin ritual for last week's class, I want to talk a little bit about how it's not the spirit in the Abramelin rite that does the things, it's the demons.

In my opinion, the way the Tutelary spirits manifests when you conjure it using the Abramelin script is going to be aligned with the way the spirit is described in the Abramelin rite. In the PGM, the tutelary spirit commands lesser spirits, and fetches gods for you when it needs to. In the Abramelin, it commands lesser spirits, and then it ensures the demons show up. It is your intermediary, in a way.

Both spirits provide strategic instruction for working with other spirits, and both spirits provide their necessary compulsions or exhortations. Both teach you to direct and lead with charisma.

From the PGM

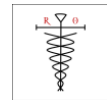
The PGM Spell for Pnouthis has a great list of the skills and talents this spirits can provide you.

I've broken them down into line items in the following table. For each skill of the spirit, I've created a Head, Middle, and All in All column, and put together a description of what using these forces would look like in each of the three areas of our lives. These interpretations are based on the ways these spirits help you with your relationship to the Source of all, the Other Gods, and the Rest of the World.

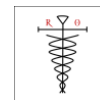


You will have in him a slave sufficient for whatever [tasks] you may conceive, O blessed initiate of holy magic, and this most powerful assistant, who alone is Lord of the Air, will accomplish [them] for you, and all the [other] gods will agree, for without this god nothing is [done].

Skill	Kephale: You and the Source	Messos: You, your Magic, Other Magicians, and the Gods	Pantokrator: Everyone and Everything Else
He sends dreams	Visions of eternity, deity, and your role in the all-thing	He fetches communications with other spirits, facilitates audiences, helps scrying	Makes other people dream what you want, seed your dream in the masses

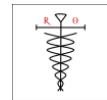


Skill	Kephale: You and the Source	Messos: You, your Magic, Other Magicians, and the Gods	Pantokrator: Everyone and Everything Else
brings women or men	Clergy, Movements, Disciples	Social standing and influence; matters of reputation; what others think of you	Brings you people, opportunities, investors, friends, lovers, other characters.
kills, overthrows	Mysteries of the Demi-urge	Spiritual Warfare against ideas competing for resources	Eliminates enemies and situations stacked against you
raises up winds from the earth	Lifts us to the heavens	Gathers spirits to assist you	Alters weather
brings gold, silver, copper, and gives it to you whenever you need	All your resources are belong to us; you have what you need	Opportunities you haven't thought of come your way; like minded people	The money you need to get by and save a little
he frees from bonds	Release from addictions of the flesh, all of them	Overcoming spiritual bindings, constraints, karma	Get out of jail
opens doors	Opens the gates to whatever heavens you want to go to	Makes connections between powers, opens doorways to communication and to new forces	Opens doors, removes obstacles, clears traffic
makes invisible	Removes the ego that can cloud the experience	Hides your occult activities	Makes you unnoticeable; invisibility
brings fire, water, wine, bread and whatever foodstuffs you want...	The sustenance of the darkest night of the soul	Brings the offerings to the gods to grease the skids	Keeps you fed and sheltered, or alive at least
he stops ships [in mid voyage] and again releases them	Sea changes, turning the tides below by stopping the things above	Influence other people's occult activities, interfere with the natural order of things	Trade and commerce, this applies to all things business.



Tutelary Spirit Class 3: Living with the Full Advantages of a Supernatural Assistant
Rufus Opus (Joshua Gadbois)

Skill	Kephale: You and the Source	Messos: You, your Magic, Other Magicians, and the Gods	Pantokrator: Everyone and Everything Else
stops many evil demons	Overcome self-sabotage, the daimons of your nativity, Erinyes, fate, earned punishments	Stops many evil demons, blocks messages of ill truths	Stops malefica, disease, bad luck, crossed conditions
calms wild beasts and immediately breaks the teeth of savage serpents	Abrupt shifts towards peace, cosmic breaks on depravity	Stops current afflictions	Calms beasts, stops people working behind the scenes against you, destroys office intrigues
he puts dogs to sleep or makes them stand voiceless	There are stops in place to keep us from taking over the universe	Silence spiritual guardians, silence the familiars of other witches	Dog whisperer
he transforms [you] into whatever form you wish	Assists in flickering through the all thing	Astral shapeshifting	Makes people believe you are what you think you are, glamor spells
he will carry you into the air	Rise up through the heavens, get perspective on things when you're overwhelmed	Rise through the spheres to see the entities you need to see	Give you a 30,000 foot view of things, gets you perspective on what's going on here below. levitation
he will solidify rivers and the sea promptly and so that you can run on them standing up	Keeps you from losing focus in the ebbs and tides of consciousness	He will work with the other spirits to make you succeed	Supernatural Gimmickery
he will indeed restrain the foam of the sea if you wish	Concentrate the stuff of raw desire-to-create, super potent muse juice	Pause the desires of others for you	Stop other creative projects from taking your life over
and when you wish [he is able] to bring down stars	Change the fate of the world	Draw down the intelligences of the celestial realm	Tap the influences of the astrological elections



Skill	Kephale: You and the Source	Messos: You, your Magic, Other Magicians, and the Gods	Pantokrator: Everyone and Everything Else
to make hot things cold and cold hot	To change the Mood	To get things active, or patient in the spiritual realms	Change the temperature or mood of the scene
he will light lamps and quench them again	Open and close occult currents towards enlightenment if the paths aren't working right now	Reveal and hide things in the spiritual realms, coordinate your Work with others	The flickering lights of your occult experiences
he shakes walls and sets them ablaze	Setting boundaries	Spiritual protection and defense on a large scale	Tearing down "cities" or centers of organized groups you want to go away

Another way to look at it, it helps you understand:
Where you came from

What your relationship is to the other entities (from the same place) you have to work with to DO YOUR JOB, and make sure they get paid

How important it is to take care of yourself first to be able to take care of everyone else, the value of your manifestation

Another way to look at it

Who you are and why you're here

Who you are with and how that impacts you

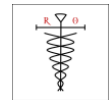
What you are doing to change the world according to your wishes

Reminder: It doesn't tell you shit

Before we get too far along, I want to take a moment to remind you that it doesn't tell you shit. That is, it never tells you what to do.

It will never tell you your Will. It can help you discover it, but it won't tell you why you're here, or what the cosmic plan is for your life. It will never tell you not to do a thing. If you hear it say no that's your own mind trying to get your attention. This thing lets you learn things, or it provides knowledge that you have to do something with.





It won't do it for you, and it won't just tell you what to say.

It doesn't do anything for you, it lines you up, it gives you the skills, it will tell you what to say, but you have to do it, show up, say it, perform the tasks, shine in the presence of everyone.

Notable Notes from PGM:

When you go abroad, he will go abroad with you

when you are destitute, he will give you money.

He will tell you what things will happen both when and at what time of the night or day.

And if anyone asks you "What do I have in mind!" or "What has happened to me?" or even "What is going to happen?," question the angel, and he will tell you in silence. But you speak to the one who questions you as if from yourself.



When you are dead, he will wrap [up] your body as befits a god, but he will take your spirit and carry it into the air with him.

For no aerial spirit which is joined with a mighty assistant will go into Hades, for to him all things are subject.

Whenever you wish to do something, speak his name alone into the air and say: Come! And you will see him actually standing near you. And say to him, "Perform this task," and he does it at once, and after doing it he will say to you, "What else do you want? For I am eager for heaven." If you do not have immediate orders, say to him, "Go, lord," and he will depart. In this fashion, then, the god will be seen by you alone, nor will anyone ever hear the sound of his speaking, just you yourself alone.

And he will tell you about the illness of a man, whether will live or die, even on what day and at what hour of night.

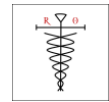
And he will also give you both wild herbs and the power to cure,

and you will be worshiped as a god since you have a god as a friend.

In this ancient manuscript fragment, we find that there's a whole set of instructions to let the new magician touch on all the things it can do as an inspiration, and then focus on how it communicates with you so you know what to expect when you're working with it.

In the next section, we'll do exactly the same thing, Pnouthis





Communicating with the spirit

How do you know you have it?

I work with a lot of people, and I recently had someone ask me where they were at with their HGS. They had done the work, the divinations indicated they were successful, but they hadn't experienced the spirit at all yet, in any ecstatic way.

The secret smell in Abramelin has been my go-to for years for "proof," but when I read this guy's cards under the auspices of my HGA, I knew right away what was happening. The person's expected results and spiritual training had told him he had to have specific experiences with the spirit. When the spirit tried to manifest, the way it did so made my client think it was just his own thoughts in his own head. He had expected something more.

Not only that, his own anxieties were getting in the way of his success, and he was afraid it was all failing and it wasn't going to work for him. He had mentally prepared himself to experience the Abramelin results, but he was using the Headless rite as a way to supercharge his experience with the intent to get in touch with their HGA. Because he had evoked such a raw form and made such a generic request, I got the sense that the spirit had manifested in commensurate ways.

I believe he also had, through his mediational practices, taught himself to drop random thoughts. The way the spirit communicates with us is so intimate and close that it doesn't need to be loud. It "sounds" like a thought that is coming to you, the way light enters the eye. It's almost telepathic. I think his meditational practices had taught him to put down his HGA before it could speak.

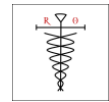
How it communicates

But if any speak at a distance to another, he must use a louder voice; but if neer, he whispers in his ear: and if he could be coupled to the hearer, a softer breath would suffice; for he would slide into the hearer without any noise, as an image in the eye, or glass.

The spirit is intimate with you. The "Knowledge" part of K&CHGA is the biblical sense of the word. It's symbolic of course, though plenty of imaginative folks will tell you about sex with their Tutulary spirits.

I think it's in your head, in the same way that picturing the angel facepalming when you do silly things is in your head. The spirit isn't embarrassed of you, and supports everything you want it to. The same for the people who project whole personalities on their HGAs that don't seem to like them, that's their self esteem talking. The HGA doesn't care.





This spirit provides access to Foreknowledge and Memory. It brings divinatory dreams, and can help you find things that happened that you have forgotten about. It works with aspects of your mind, and elements of time, tapping into what you have learned, and what you can learn. It shows you images you need to see.

It does this in your dreams, and in visions as well. Magicians should, in my opinion, always keep a blank notebook and a pen beside them when they are sleeping, to record any dreams or visions. Bringing dreams is specifically a task this spirit does, so entering into your mind is easy peasy. It shows you things, brings you knowledge, lets you know what's up by direct information transfer.

In other words, it sounds like your thoughts when it communicates, and it surfaces things in your mind and mood that you can easily mistake for your own thoughts. If you're trained in just letting the thoughts pass through you, you might let go of it before it can become a memory to refer to later.

To avoid this, develop a regular meditation practice around observing your mind. When thoughts rise in your meditation times, pay attention to what part of your brain it "feels" like your thoughts are coming from. Inside your skull, low, high, front back? The HGA's voice sounds like your own thoughts, but it comes from above, and slightly to the left of me when I visualize it.

Honing communication

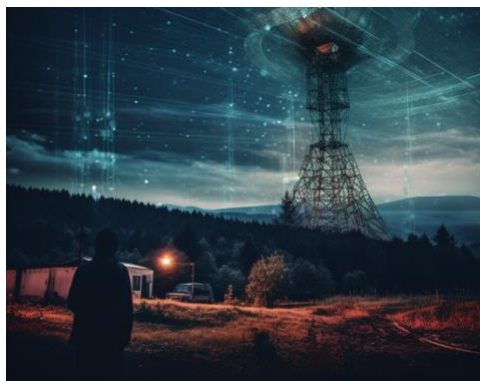
Not an instant thing Develops over time. There is no such thing as once and for all, you are developing a conversation over time.

It's like a wedding, when you make initial contact, but then it's like a years-long exploration of one another.

You're working early on to establish a relationship and build it up so you have them with you all the time, so you can learn to see their constant presence and work for you, to make you happy

Develop more levels of intimacy around this entity

How it helps you see things on a subtle level, "Show me

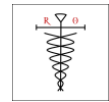


the things in ways even I can understand." The difference between doing a reading based on gematria, paths, images, numbers, sephiroth, kabala, hermetics, etc. vs. Reading with the spirit and it's like a comic book with the main characters outlined in bright colors.

Familiarity – use it often to get to know it

Learning to trust "just knowing things."

Look for small things to build your faith, it's a process



Getting Clear Communications

Getting to know you, getting to know all about you – know how it will talk to you, tones, intellect, emotions, supernatural occurrences based on your chart, listen to yourself and your body and your life so far to know what kind of person you are, and what the best way to talk to you would be; listen for that.

Get a professional chart generated, and look up what it says about you. Do an analysis, profile yourself. Pay attention to where your mercury is on your chart. This will help you understand how to interact with these spirits magically.

What are you like, if you were someone else?

What would you do to communicate with someone like you?

These are the things your HGA is trying to do with you.

Persinger

If you imagine an entity over your left shoulder, you get a feeling like there's someone watching you. When you do this, cats will react to the presence, even if you are not looking at it. This was discovered by a doctor in Switzerland, Persinger, while researching near death experiences.

It should be noted, Schizophrenic episodes can be induced with this technique. If you're schizophrenic, don't do that.

Get to Work

The best way to get to know this spirit is by working with it. Once you have positive affirmation that you have met your spirit, that is, you have their name, or a divination confirms you've had the experience, regardless of whether you've had an ecstatic experience, start asking it to do the things it is supposed to do for you. Ask it for money, or to remove obstacles.

Testing the spirit: Pantokrator

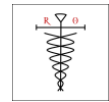
You have to tell it to do things to test how it works. The most obvious starting place is your materialized manifest life. Your house, car, job, friends, all the things of samsara that keep you up at night, or that you work to support.

Set the spirit to work improving your life materially. Start with money, income, and wealth. Ask for windfalls and opportunities.

At the same time, ask it to work on you, to improve your ability to sense the spirit. Ask it to manifest in ways that even you can't miss. It's incredibly effective.

Set it to creating your life, building up the life and lifestyle you want to have. Ask for big things, and look for big opportunities, or start small and make sure to let the spirit know you need help seeing the results.

Another way to get to know how it manifests for you is by asking for its help learning things. Ask it to reveal things to you. If you don't know what you need to know about, ask it what you need to know about.



Then pay attention to how you find out what you asked about. Is it a dream or a vision? A coincidence that brought you the information organically? Learn how it manifests.

How it manifests things

It took me a while to figure out that the ways the spirit was providing for me were through amazing normal things that just happened to be what I wanted.

Use a two week approach. Ask for something, if it doesn't happen in two weeks, ask again, and ask for clear instructions on how to make it work.



Final Thoughts

Expectations drive lack of experiences, filter out voices you might need to hear. Can't stress that enough.

Tone down enlightenment, focus on compassion, correction, connection, and conception. This is key. The spirit is about the subtle things, and the movement of things through the influence of motion so it goes your way. By working on your connection to the All thing, the source, the middle, the all in all, you improve your ability to manifest things in general. This spirit is about moving through the all thing. Familiarize yourself.

Advice from Abramelin

All through the occult, talking about how stupid other people are in how they do their magic is a time honored tradition. We talk smack about old ideas, and after attacking them, we present our own. Solve et Coagula, dissolve and reform.

The theme of Abramelin is the unlearning of falsehoods, the derision of the other approaches, and the supremacy of this magic over all others. This braggadocio is to be expected, but honestly, they all seem to be pretty effective. Regardless, this step makes your bain soften up.

In the book of Abramelin, it talks about the things you can put into your head. Think about this as the kind of programming you want to put in place to have a more conducive experience with your HGA.



What you should learn, study, read

All medicines that can improve the life and health of your neighbor

All arts that stem from this because they are indispensable

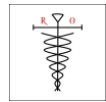
KBL

Business done for love and charity for your neighbor

It is good to reduce conflict, war, and hatred

To help depressed people.

You can do work that is honest, and according to the law.



Have you got a plan? Do you have a Great Work Strategy? Do you even know what you're doing here?

An Exercise.

What do you want the spirit to be to you?

Do you want to have a spirit that brings you closer to god? To bring you into attunement with the all thing, of which you are a manifestation? Unity with this cosmic god, is that what you want?



Pay attention to that. Pick the path that reflects what you want. Pursue your desired relationship

The best way to live with it on an ongoing basis, imo

After you fix your life up, and have enough coming in to have a little left over, turn your attentions to the rest of the aspects this spirit can help you with:

Cosmic Godness

Establish a unity government with the Cosmic Deity. Get in touch more with the All thing, of which you are a part. I use the Zeus the Head, Zeus the Middle, Zeus the All in All method of classification. One "thing we call God/Zeus" has a source point, the Head, and then split itself up into all the consciousnesses of the gods, Angels, Daimons, Humans, and So Forth, and then after that became all the rocks, trees, and everything else so it could manifest. I do magic to move myself through the Head, Middle, and All in all aspects of whatever I'm dealing with.

After you've established contact with the divine overarching all thing, start to try to run the show, if you can. Fix things up. If it's all in the Mind of Zeus, he needs some health content.

Connect with the other Invisibles

Take advantage of the spirit's powers to run interference to the other intelligent manifestations of the Source of all that manage the manifestations of the microcosm. Improve your relationships with your regular gods. Build up a cadre of spirits you work with, like the day 3 demons of the Abramelin rite.

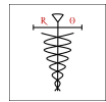


Hands on for the Important Things

Like the AI, an eager intelligent intern who will try anything. This entity will work on your connection to the all thing, and get you in good with the gods, but it will also do the hands on things you need done today. Think of it like sending your intern to Starbucks for coffee, or think of it like asking the AI assistant to generate an elevator speech for a new product line. It's shortcuts.

What it does for you?

Everything you ask it to. It will try anything, it just doesn't always work.



Morality and ethics

It doesn't care any more or less than you do. That about sums it up.

Control vs. Influence: Sometimes it works.

Let go of the need to control the experience. We are Metis, but we are Moira. It's going to be what it is, not what we expect it to be. In trying to control the experience, we can stop it because it doesn't align with what we want it to be, or what we think it "should" be.



Another aspect of Metis vs. Moira, it can do all the things it says on the wrapper; they don't always work. We speak into being what must be, and we grind our gears rolling towards things that will never come into being.

It's a blend of control and direction, mixed with passive faith and expectation, but also a touch of work to make it more likely.

Also, it's not about us, it's a joint effort, we work with everyone else in concert.

Continuous Improvement

Ultimately, magic is doing, the HGA is helping. We find the spirit manifests when we take steps in faith as if the spirit will succeed. What we are learning in the communication process is how to recognize the signs that things are going our way so that we look like what we're doing is magical.

You've got to do the magic to see it work and build faith, and if it doesn't work, ask why, ask it to tell you simply. Ask it to reveal itself to you in the ways that you can see it.

